

State of Mississippi

Mississippi Department of Agriculture and Commerce

Agriculture Fact Sheet Pork 2014



- 500,000 hogs and pigs in Mississippi in 2014.
- 306 farms with hogs.
- \$153 million value of production in 2014.
- 992,000 piglets born in 2013.
- Mississippi ranks #17 in the United States in pork production.
- Pork is high in nutrients. It is a source of complete protein containing all the essential amino acids.
- Pork is ideal for the calorie conscious. Pork's high ratio of nutrients to calories is termed "high nutrient density." A three ounce serving of lean pork has only 165 calories.

- Besides being comparatively low in calories, three ounces of cooked lean pork contains only a moderate amount of cholesterol; just 67 mg. Cholesterol is essential for several metabolic functions including the production of various hormones and is vital to the central nervous system.
- Pork is also a good source of B vitamins. Pork is the leading dietary source of thiamin, containing three times as much as any other food.
- Five types of pork production exist in Mississippi:
 - Feeder pigs
 - Contract production
 - Farrow to finish
 - Feeding feeder pigs to market
 - Seed stock production
- The average market hog reaches a market weight of 250 pounds at about 5 ½ months.
- A Mississippi feeder pig is sold at a weight of 40-60 pounds between 8 to 10 weeks of age.
- The average market hog will eat about 3.0 pounds of feed to gain one pound of weight.
- Hog feed is a nutritionally balanced diet composed of grains such as corn, grain, sorghum, wheat, soybean meal and minerals. It also contains vitamins.

Source: Mississippi State University



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